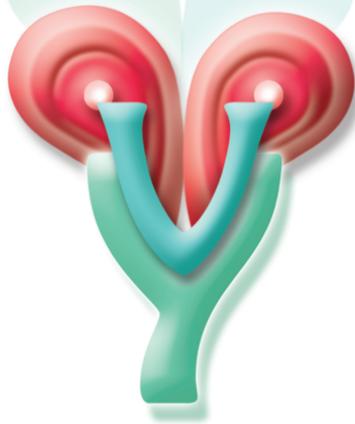


Your Vibrations



Feeling my Groove

NEW AGE ROCK OPERA

BY WALTER K. THUT

ERNA HEMMING - VOCALS



Feeling my Groove

This album tells the story of overcoming a burnout, with music between rock and pop, influenced by other styles as Latin or funk. *Walter K. Thut*, who had toured in the eighties with a Canadian funk comedy combo, started developing a clean tech water treatment in the nineties, developing a concept using musical scales and harmonics to determine the frequencies which are beneficial for plants and animals.

With YOUR VIBRATIONS he combines the musical and scientific know how, to deliver the first album FEELING MY GROOVE. This music shall help and inspire people who have themselves or want to help people with a burnout. Many calming new age music exists, this album shall inspire for other moments then calming down, like sensing the nature again, working with your body, experiencing dancing and erotic moods.

Walter introduces the fantastic voice of *Erna Hemming*, for her fans in a surprisingly new way.

You can find some profound information on the scientific background later in this booklet. First the story and the songs are explained. Therapists can find information on the nature rhythms and the resonance frequencies of the important elements for life built into the music in each song. The instruments are all always tuned to support an environment rich of electrons.

1. Almost in Time 3:35
2. Enough of Everything 3:45
3. Dreaming the Big Sleep 6:09
4. Rivers and Lakes 4:55
5. Jungle Vibes 3:59
6. Passion Salsa 3:48
- 7a. Heart - Feeling Love (Part I) 5:49
- 7b. Heart - Giving Love (Part II) 6:52
8. Dancing Vibrations 4:40
9. Feeling My Groove 7:27

1. Almost in Time

It always starts with a long stress period, which can last for years. What is typical, that you are mostly ALMOST in time, and every time you think to have just a little rest, stress starts immediately again. So in this swing based song the tempi are changing completely unexpected.

Chorus

No less than prime - no less

Almost in time - almost

So much to do today

Please wait; I'm on my way

Rush, rush, rush, rush

Hold on, tomorrow's quiet

Crazy, I can't deny it

Rush, rush, rush, rush

Chorus

No less than prime - no less

Almost in time - almost

(Oh rest, please rest...)

Nothing I should forget

Still far from going to bed

Rush, rush, rush, rush

Rush, rush, rush, rush

Almost in time - almost

Chorus

No less than prime - no less

Almost in time - almost

Ooooh...

So much to do today

Please wait; I'm on my way

Rush, rush, rush, rush

Hold on, tomorrow's quiet

Crazy, I can't deny it

Rush, rush, rush, rush

(Oh rest, please rest...)

Chorus

No less than prime - no less

Almost in time - almost

Music: Walter K. Thut. Lyrics: Walter K. Thut and Erna Hemming. Solos: Nicolas Fardel.

Vocals: Erna Hemming. Guitars: Nicolas Fardel. Horn section: Pascal Walpen (trumpet) and Moreno Helmy (sax). Bass and drums: Walter K. Thut.

Rhythm: moon cycle. Resonance frequencies of oxygen, oxidation, silver.

2. Enough of Everything

The moment comes where you are simply fed up with everything, the motivation is gone, you've got the blues, and therefore this tune is a blues...

On my back (it's insane)
I count the stripes on the wall
from my bed

The ceiling's trying to attack

And it hurts inside
It burns inside

I'm scared I'm mad and confused
I've had enough of everything

Ten o'clock,
I know I have to get up out of bed
(I'm too tired)

Half past ten, my job, the world sick of that

'Cause it hurts inside, it burns inside

My spirit is broken
My mind's just gone and I'm off
I've had enough of everything

Music: Walter K. Thut, Erna Hemming. Lyrics: Erna Hemming and Walter K. Thut. Solo: Frank Städler.
Vocals: Erna Hemming. Guitars: Frank Städler. Bass and drums: Walter K. Thut
Rhythm: year cycle. Resonance frequencies of calcium, magnesium, silicon, oxygen

3. Dreaming the Big Sleep (instrumental)

The first thing you need is a very long rest, learn to sleep again, to sleep deeply and well. A really slow rock tune filled with first inspirations.

Music: Walter K. Thut. Solos: Nicolas Fardel, Theresa Thut
Clarinet: Theresa Thut. Guitars: Nicolas Fardel. Bass and drums: Walter K. Thut
Voice: Erna Hemming
Rhythm: day cycle. Resonance frequencies of potassium, iron, silicon and some on carbon too.

4. Rivers and Lakes

Once you've had enough rest, nature attracts you, you start hearing and seeing things with new curiosity again. This music describes first a mountain creek, then a lake, then the water fall, a big river and finally the ocean with its waves. A rock arrangement with a waltz feel.

The River flows in the night
The wind comes and goes
I walk along the creek
Let it go

The flow is stored by the lakes
Makes me clear
This cycle is for
eternity

(chorus)
Stream.....
Flow...
Silence around us, sound of the calm
Waves play a rhythm
feels like a balm

The River flows and it's strong
The wind cools my head
My thoughts run along
with the flow

The primal force of the sea
gives me peace
it empties my mind
New energy

(chorus)
Stream.....
Flow...
Stream.....
Flow....
Waves....

Music: Walter K. Thut, Erna Hemming. Lyrics: Erna Hemming, Walter K. Thut. Solos: Nicolas Fardel, Theresa Thut. Vocals: Erna Hemming. Clarinet: Theresa Thut. Guitars: Nicolas Fardel.
Bass, percussion and drums: Walter K. Thut.
Rhythm: water resonance. Resonance frequencies of water, electrons, sodium.

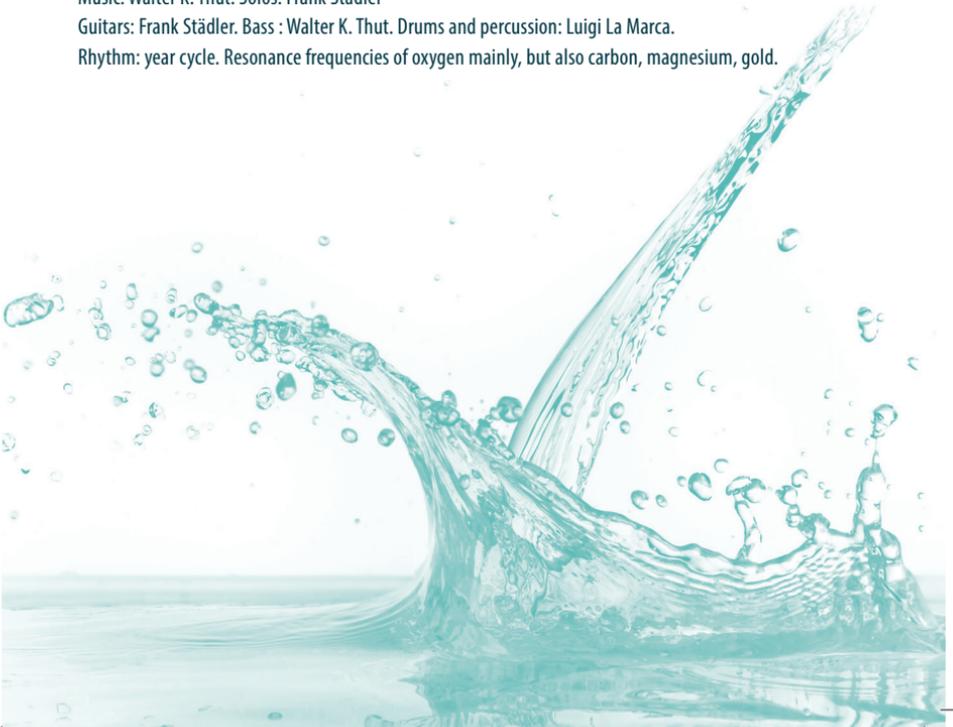
5. Jungle Vibes (instrumental)

Finally you are ready to work on your physical fitness, to bring your body in better shape again. African influences on this song stand for new body feel.

Music: Walter K. Thut. Solos: Frank Städler

Guitars: Frank Städler. Bass : Walter K. Thut. Drums and percussion: Luigi La Marca.

Rhythm: year cycle. Resonance frequencies of oxygen mainly, but also carbon, magnesium, gold.



6. Passion Salsa

Sometimes it might take a while, but having made the steps before, you desire to feel the erotic sensation strongly again. Life is more than being calm!

The age I was born all the music
played an important role
I had to sing and dance,
made me happy after all
One day I lost the feeling to move
To the rhythm of the music groove - now

Chorus

I feel the passion - again
Want to move my feet, feel your heat
Passion salsa - now
I feel the passion - again
Want to do it with you, alone with you
Passion salsa - now

When I dance with you,
feel your body next to mine

Completely overwhelming
and just loosing place and time
Our minds and our souls are
becoming one again
So we're moving far
after midnight began.

Chorus

Want it to go with you on this special
passion night
Never ever will let you out of my sight
Why have I missed that sensation all that
time?
Now I'm yours and you are mine

Chorus

Music: Walter K. Thut. Lyrics: Walter K. Thut and Erna Hemming. Solos: Theresa Thut, Nicolas Fardel.
Vocals: Erna Hemming. Guitars: Nicolas Fardel. Sax : Theresa Thut. Piano, bass: Walter K. Thut. Drums and
percussion: Luigi La Marca. Hornsection: Pascal Walpen (trumpet), Moreno Helmy (sax), Theresa Thut (sax),
Arno Klüglein (trombone).
Rhythm: moon cycle. Resonance frequencies of silicon, phosphor, electron, sodium



7. Heart - Feeling Love (part I)

A big key to great health is accepting and loving yourself, you need to go deep inside your personality. You feel the love others have for you. This is the main energy of life. Waltz-reaggae-rock.

Once behind a wall
Safe, away from it all
Hidden far from love
No contact with above

Ooh, I feel free
Quiet, finally
Acceptance of who I am
no more afraid of them

Through fear and pain
struggled over again
After silence came
love and joy again

Let me kiss your skin
Slowly the love begins
I am confident
Let me hold your hand

Chorus

Heart -
Feeling love
Feeling lovely heart
Feeling love
Feeling lovely heart
Feeling love etc.

Chorus

I can love again, I can hold again
I can kiss again, I can live again
Feeling love again, is so liberating
Feeling love again, is living life again!

Chorus

Music: Walter K. Thut, Erna Hemming. Lyrics: Erna Hemming and Walter K. Thut. Solos: Irénée Pralong
Vocals: Erna Hemming. Guitars: Irénée Pralong, Nicolas Fardel. Bass and drums: Walter K. Thut.
Rhythm: day cycle. Resonance frequencies of green, heart chakra, oxygen, water, electrons.

Heart - Giving Love (part II)

Only when you accept yourself entirely, you can give true love to others. It is a wonderful feeling, and the ones receiving your love feel your profound stability. Sounds funky.

I am complete

Love receiving, enables to giving love

My heart is open

Feel me breathing

My heart beats for you

I'm on my way

to a loving future that's true

Completeness in me

Let me share with the world and with you

Chorus

Heart of Love

Loving Heart

See my eyes

Touch me gently, energize me

Feel the interaction

How it's working, between you and me

It's wonderful

Count my blessings

I laugh, face the day

I love the people

Give attention, and share my joy!

Chorus

I can assure you, (a) new human being
is still inside you

Somewhere within you

hidden love, and it wanna go out!

Make love to me

Our bodies answer all our questions

Electricity, charging fully

Our love spreads around

Chorus

Music: Walter K. Thut, Erna Hemming. Lyrics: Erna Hemming and Walter K. Thut. Solos: Frank Städler, Moreno Helmy. Vocals: Erna Hemming. Guitars: Frank Städler. Saxophone: Moreno Helmy. Bass and drums: Walter K. Thut. Rhythm: day cycle. Resonance frequencies of electrons, water, carbon, magnesium, gold.

8. Dancing Vibrations

You are very much in balance now, dancing to feel the fusion of your body, mind and soul. You are relaxed and happy, and see also daily repeating work as a chance to do something good. Funky 70's dance song.

Come on over

Yeah, you!

Just forget what you're going through!

My eye fell on you it's allright

Take my hands 'cause we have all night

Ooh, grab my waist and take it slow

just the two of us and the beat

our hearts melt so feel the heat!

Chorus I

Feel the rhythm and the sensation

Feel the ground beneath your feet

Move your body dancing vibrations

Feel all free and live the beat

Move! Feels good and dance

Chorus II

Hear the music, take the salvation

Let it go, forget your head

Everybody's dancing vibrations

Leave the fear and move ahead

Move! And go, let's dance

My intention with you is to take you where

I've been through

See the smile on your lovely eyes

Your soul finally comes to life!

Ooh, it's attractive and good to know

What is happening to us too

I have found new strength just like you....!

You... ooh baby! Let me tell you that not so

long ago wasn't able to move around

But I'm dancing now to this sound!

Hold me, come on let go

vibrations... vibrations... Let's dance!

Chorus I and II

Music: Walter K. Thut, Erna Hemming. Lyrics: Erna Hemming and Walter K. Thut. Solo: Frank Städler.

Vocals: Erna Hemming. Guitars: Frank Städler. Horn section: Pascal Walpen (trumpet) an Moreno Helmy (sax).

Bass and drums: Walter K. Thut.

Rhythm: year cycle. Resonance frequencies of carbon , magnesium, gold, silicon dioxide (rock crystal).

9. Feeling My Groove

Being entirely in your groove, you can go and on and you continuously recharge energy. This song is again based on the number three, a waltzing rock feel, it starts very easy, builds strong rhythms, goes back into long enough quiet parts to build again. You feel the eternity of life.

Whispering and laughing

Chorus

Talking, enjoying

Loving and receiving

Chorus

Dreaming and wondering

Whispering and laughing

Chorus

Talking, enjoying

Feel My Rhythm

Loving and receiving

Hear my beat

Dreaming and wondering

On the move

Feeling the Groove

Listening, forgiving

Being and walking

Feel My Rhythm

Hear my beat

Chorus

On the move

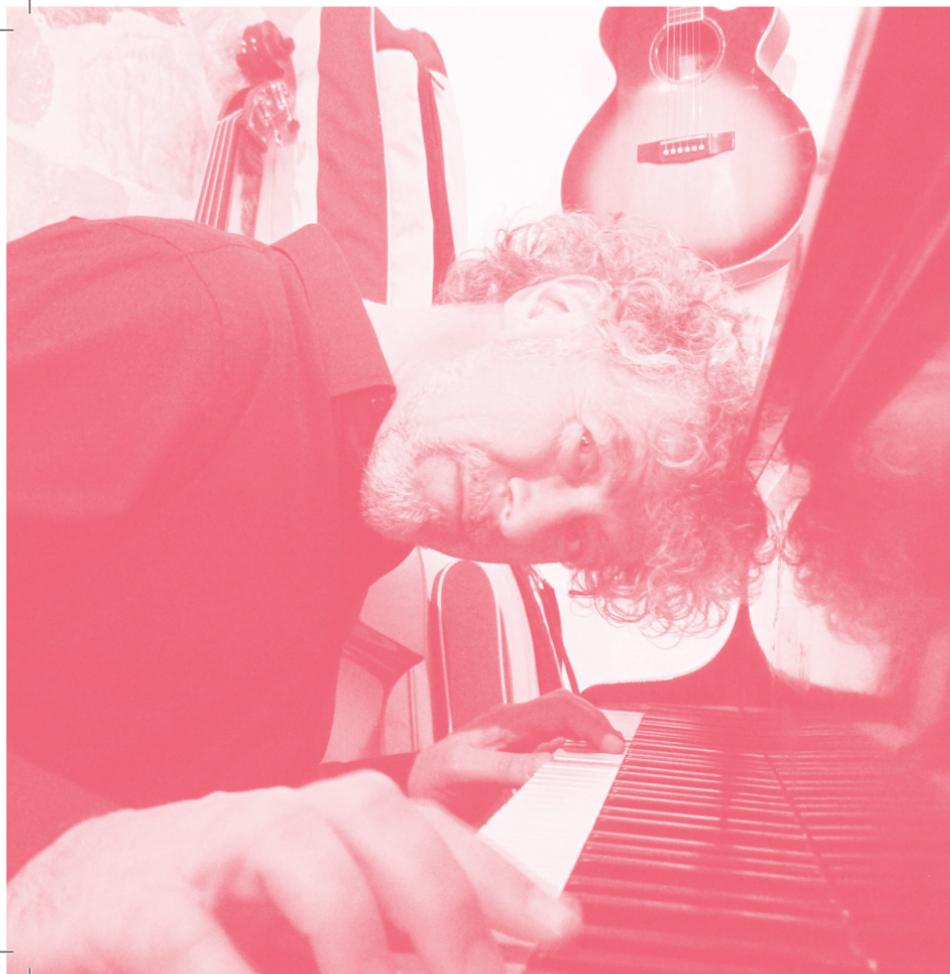
Feeling the Groove

Music: Walter K. Thut. Lyrics: Walter K. Thut and Erna Hemming. Solos: Nicolas Fardel, Walter K. Thut.

Vocals: Erna Hemming. Electric and 12 string guitars: Nicolas Fardel.

Acoustic guitars, bass, percussion and drums: Walter K. Thut.

Rhythm: day cycle. Resonance frequencies of electrons, water, carbon , magnesium, gold.



Scientific background

This information is in the first place dedicated to medical professionals, specifically therapists working with frequencies and music, but of course to anyone interested in knowing more on the topic. I started doing research on frequencies and water treatment in the nineties. My new approach combines well known quantum physics formulas of Albert Einstein and Max Planck to calculate the resonance frequencies of important elements for living beings.

$E = m \times c^2$ (Einstein) and

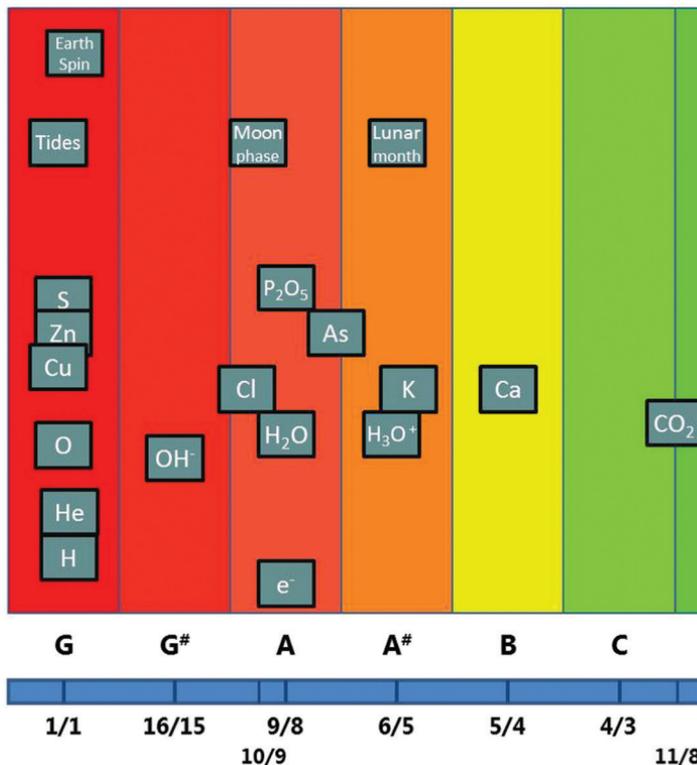
$E = h \times f$ (Planck)

⇒ Frequency $f = (m \times c^2)/h$

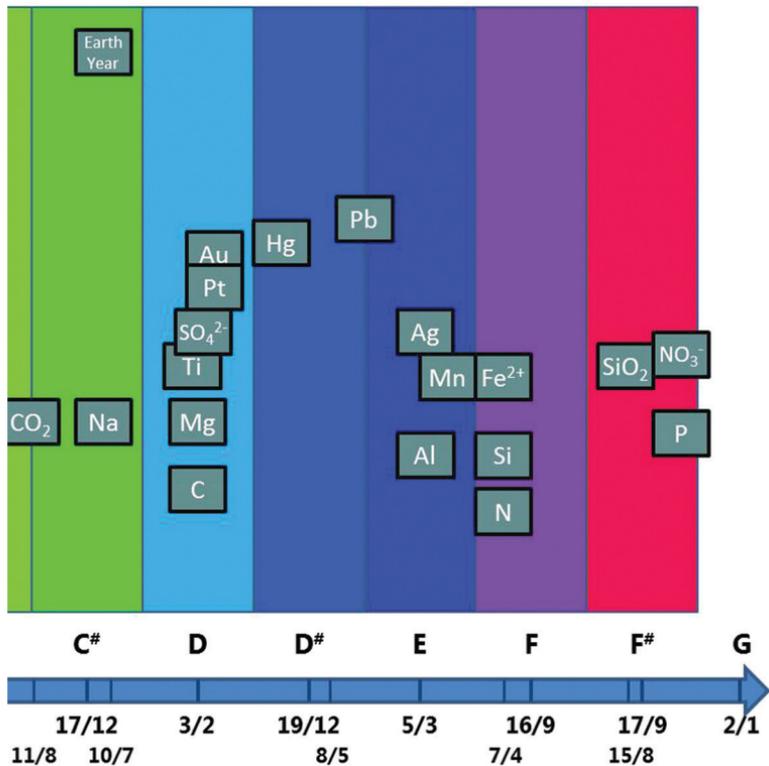
Then this formula is integrated into the mathematics of music theory. The results is what I call the “Harmonics- Elements-Table”, which shows how these elements are in perfect harmonic ratios, like music, and also in perfect harmonic ratio with the most important natural cycles as the day, year or moon rhythm.

This table has been successfully applied in water treatment, the company I had founded to exploit this technology had won the prize “Most promising Cleantech Startup” at the World Investment Conference in 2009, and is used in around 20 countries already. It helps most where water and soil conditions are very bad, which is in desert areas.

Harmonics – Elements Table, © Walter K. Thu



That, basic development until 2003, refined August 2013



Humans are built up with the same main elements as plants and animals. The therapists who work with resonance and frequencies understand this approach very well, they have been using similar approaches since quite a while. More than 70% of the population of the developed countries relies on therapists for health issues; and everyone knows how music can influence the mood of people. It is a very powerful way to connect to people who are ill, autistic, depressed or stressed.

All centers of atoms and molecules are constantly surrounded by electrons; they 'swim' in these electrons. As soon as there is a lack of electrons, the buildup of new cells is slowed down. So thinking of the most important frequencies, the one of the electrons comes first.

Even more interesting is the fact, that the water molecule resonance frequency is the same note, only 15 octaves lower. Therapists all know about the importance of water, we all are mainly built of water.

If you wish to read more on this topic, you can visit the site www.walterthut.com

How to use this album as a therapy

'Your Vibrations' combines intuitive music composing and playing with the above mentioned scientific basics. The rhythms on this album start with the moon cycle, which can be disturbing if you are not stable, and end with the day rhythm, the most important rhythm for all living beings.

This album leads more and more towards the resonance frequencies of water and electrons, but also gives a strong accent on oxygen and carbon, oxygen representing the energy conversion, and carbon representing the main element of tissue.

Therapists familiar with the principles of the Harmonics-Elements Table can help you find the right steps

in listening and loading the energy of music. It is possible that you conduct several steps in parallel, or that the order of the steps varies from how they are built up in this album.

The effect are subconscious like what some people call 'placebo effect'. Placebo effect though is the proof that your mind can help healing and keeping you in shape, in fact human sense understands this very well.

It might be best to play a song several times after each other.

Some examples of how you can use the songs:

So if you want to have a music support to mourn, listen to ENOUGH OF EVERYTHING.

If you want a help to sleep and rest, it's DREAMING THE BIG SLEEP.

RIVERS AND LAKES supports your curiosity, and resonates with water and electrons.

JUNGLE VIBES, using a lot the resonance frequencies of oxygen, is ideal for making outdoor sport and bringing your body in good shape.

PASSION SALSA shows the combination of rhythms, melodies and erotic sensations, like DANCING VIBRATIONS too.

HEART-FEELING LOVE combines the heartbeat and the confidence in yourself, it stimulates loving and accepting yourself.

HEART-GIVING LOVE supports musically the lightness of giving love, to a person, but also to many other people.

FEELING MY GROOVE is perfect to feel this balance between faster and slower rhythms, and how your energy always can remain on a high level.

Concept, information and production by Walter K. Thut
Recorded by Walter K. Thut, Thut Arts, Flanthey Switzerland (guitars, bass, horns),
Loïc Rossetti, Digisub Records Studio, Sion, Switzerland (vocals, horn section) and
Ashley Norton, Monthey, Switzerland (drums in songs 4 and 5).
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Mastered by Julian Silva, On Air Mastering, Brooklyn, New York, USA
Artwork by Erna Hemming, Laren, The Netherlands
Photos by Jozef Scuric (Erna on sleeve), Christophe Losberger (Walter on sleeve),
Marieke Dijkhof (Erna in booklet), Ursula Thut (Walter in booklet), Fotolia (water)

First of all I thank José Hoogeven very much. She is a friend of Erna and me, and had the idea to bring us together for this project. With her background as a well respected therapist in The Netherlands, she was a great inspiration for this album.

Erna became my main partner in Your Vibrations, thanks to her for all the great work.

Then I thank all the musicians having brought in their musicianship and creativity to enrich this special Rock Opera. This is my daughter Theresa and Arno, my long time friends Frank, Irénée, Willy and Gege, my new musician friends Nicolas, Luigi, Pascal and Moreno.

A very special thank you goes to Loïc, who helped me finding the right ways in recording, specially in finding great drum sounds, and finally by doing such a great job with the mixing and sound production.

In difficult and wonderful periods my wife Ursula and my children always supported and inspired me, enabling this project to be finalized. I love you so much.



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